# ~>~24-HOUR Helpline~>~ and Meeting Info 833-437-3480

## SUNDAY

10AM SERENITY STATION *O:JFT:WC* 333 W. Canal Dr. (United Family Center) Kennewick, WA

1:30-2:30PM 11th AT THE BEACH LS ZOOM ID: 873 6699 6576 PW: 11th Step

5:30-6:30PM SUNDAY SURVIVORS O
1524 W. Marie St. (Pasco Christian Church)
Pasco. WA

7-8PM SUNDAY SECOND CHANCE VIRTUAL ZOOM ID: 5786365647 PASSWORD:815017

## **MONDAY**

12-1:30PM MIDDAY MIRACLES *O:H* 1621 W. 27<sup>th</sup> Ave, Kennewick, WA ZOOM ID: 4223365954 NO PASSWORD

5:15-6:15PM SICKER THAN MOST O:WC 933 Thayer Richland, WA (Richland Church of Christ)

**6:30-7:30PM FREEDOM TO CHOOSE 0:LS** 300 S. Quincy St.(Crossroads Bible Church) Kennewick, WA

**6-7PM MEN'S NIGHT OUT** *0:BTS:WC* 2425W. Albany (Baptist Church) Kennewick.WA

7-8PM SERENITY SEEKERZ

191 E. Glady's Ave. Hermiston, OR Enter on library side of church upstairs Children welcome

7-8PM VIRTUAL TEXT MEETING LS:SS ZOOM ID: 5786365647 PW: 815017

7–8:30PM STEPS AND TRADITIONS C:LS 1312 N. Sacramento (NW United Protestant Church) Richland, WA

## **TUESDAY**

12-1:30PM MIDDAY MIRACLES H:O 1621 W. 27th Ave, Kennewick, WA ZOOM ID: 4223365954 NO PASSWORD

5:20-6:50PM WOMEN'S VIRTUAL MEETING LS ZOOM ID: 755 828 1807 PW:505118

**6-7:30PM STEPSISTERS** (Women's Meeting) **0:LS** 1312 N. Sacramento (NW United Protestant Church) Richland, WA

**6:30-7:30PM FREEDOM TO CHOOSE O:LS:BTS** 300 S. Quincy St.(Crossroads Bible Church) Kennewick, WA

7-8:30PM NEW BEGINNINGS C:H 17 S. Union (W Highlands Methodist Church) Kennewick, WA ZOOM ID: 578 636 5647 PW:815017

**7-8:00PM OUR PRIMARY PURPOSE JFT** 109 E. Broadway St.
Goldendale, WA

7-8PM SERENITY SEEKERZ

191 E. Glady's Ave. Hermiston, OR Entrance on library side of church upstairs Children welcome

**7-8:30PM WELCOME HOME**933 Thayer Ave. (Richland Church of Christ) Richland, WA

#### WEDNESDAY

12-1PM SERENITY SEEKERZ

191 E. Glady's Ave. Hermiston, OR Entrance on library side of church upstairs Children welcome

12-1:30PM MIDDAY MIRACLES H:O 1621 W. 27<sup>th</sup> Ave, Kennewick, WA ZOOM ID: 4223365954 NO PASSWORD

**6:00PM SERENITY AT SIX** *O:LC:WC* 418 N. Yelm (corner of 395 & Yelm) (First Lutheran Church) Kennewick, WA

**6:00PM RUSH HOUR** *0:1:SP:WC* 1312 N. Sacramento (NW United Protestant Church) Richland, WA

7:30-9PM WED. NIGHT NEWCOMERS H:C:WC

17 South Union (West Highlands Methodist Church) Kennewick, WA

Zoom ID: 815017 PW: 815017

**THURSDAY** 

12-1:30PM MIDDAY MIRACLES H:O 1621 W. 27<sup>th</sup> Ave, Kennewick, WA ZOOM ID: 4223365954 NO PASSWORD

5:20-6:50PM WOMEN'S VIRTUAL MEETING TD ZOOM ID: 755 828 1807 PW:505118

6:30-7:30PM FREEDOM TO CHOOSE O:LS:BTS 300 S. Quincy St. (Crossroads Bible Church) Kennewick, WA

6:30- 7:30 True Colors LGBTQIA Focused: C 2819 Sylvester St #4531 Pasco WA

7-8:00PM OUR PRIMARY PURPOSE

**BTS** 109 E. Broadway St. Goldendale, WA

**7-8:30PM WELCOME HOME**933 Thayer Ave. (Richland Church of Christ) Richland. WA

**7-8 PM BENT ON RECOVERY** *O:LS:WC* 906 9th Street (First Methodist Church) Benton City, WA

7-8:30PM COURAGE TO CHANGE
H:O:BTS:WC 418 N. Yelm (corner of 395 &
Yelm) (First Lutheran Church) Kennewick, WA
Entrance is on W. Entiat LOOK FOR THE NA
SIGN ZOOM ID:578 636 5647 PW: 815017

**FRIDAY** 

**12 -1:30PM MIDDAY MIRACLES H:O** 1621 W. 27<sup>th</sup> Ave, Kennewick, WA **ZOOM ID: 4223365954 NO PASSWORD** 

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**6:30-7:30PM WE'RE GLAD YOU ARE HERE 0** 4012 W. Court St. (Riverview Methodist Church) Pasco, WA

**6:30-7:30PM FREEDOM TO CHOOSE O:LS:BTS** 300 S. Quincy St.(Crossroads Bible Church) Kennewick, WA

7-8:30PM FRIDAY NIGHT LIFEBOAT *O:H* 7105 W.10<sup>th</sup> Ave. (7<sup>th</sup> Day Adventist Church) Kennewick, WA ZOOM ID:578 636 5647 PW: 815017

10-11PM JUST FOR TONIGHT O:LS

418 N. Yelm (First Lutheran Church) Kenn, WA

SATURDAY

**10-11AM WHEN IT WORKS** *0:JFT:LS* 2425 W. Albany (Kennewick Baptist Church) Kennewick, WA

12-1:30PM MIDDAY MIRACLES V:O ZOOM ONLY

**ZOOM ID: 4223365954 NO PASSWORD** 

6:30-7:30PM UNA NUEVA VIDA (Spanish speaking meeting) 333 W. Canal Dr. (United Family Center) Kennewick, WA

6:30-7:30PM FREEDOM TO CHOOSE O:LS:BTS 300 S. Quincy St. (Crossroads Bible Church) Kennewick, WA

7:00-8:30PM FREE SPIRIT O:WC:CL
1312 N. Sacramento (NW United Protestant Church) Richland, WA

7-8:30PM SATURDAY NIGHT LIVE O:H 2 S. Dayton St. (First United Methodist)
Kennewick, WA
ZOOM ID: 578 636 5647 PW:815017

DAILY MEETINGS

**12-1:30PM MIDDAY MIRACLES H:O** 1621 W. 27<sup>th</sup> Ave, Kennewick, WA **ZOOM ID: 4223365954 NO PASSWORD** 

**6:30-7:30PM FREEDOM TO CHOOSE BTS:LS:O** 300 S. Quincy St. (Crossroads Bible Church) Kennewick, WA

HERMISTON, OR MEETINGS MON. TUES. WED. THURS, FRI. SAT. SUN.

MON-THURS. 7-8:00PM WE DO RECOVERY (TUESDAY NIGHT IS CLOSED TO ADDICTS ONLY. NO CHILDREN)

FRIDAY 7-8:30PM SAT & SUN 7-8:00PM TUES. & THURS. 5:30-6:30PM (Step

**Study)** 775 W. Highland Ave. Hermiston, OR 97838

7-8PM MON. & TUES. SERENITY SEEKERZ

191 E. Glady's Ave. Hermiston, OR **SERENITY SEEKERZ 12-1PM WED** 191 E. Glady's Ave. Hermiston, OR

#### LEGEND

**O** Open Meeting- Anyone may attend, sharing is limited to addicts only.

**C** Closed Meeting- Attendance limited to addicts or those who may have a drug problem.

**BTS** Basic Text Book Study

JFT Just For Today Meditation Book Study SS Step-working Guide Book Study

IW It Works How & Why Book Study

LC Living Clean Book Study

LS NA Literature Study

**SP** Speaker Participation Meeting

NCP No Children Preferred

1 Meeting is one hour long

**WC** Wheelchair accessible location

**TD** Topic Discussion

**H** Hybrid Meeting

V Virtual Meeting

**CL** Candlelight Meeting

Meetings are 90 minutes long unless indicated

## All meetings are non-smoking

My gratitude speaks when I care and
 when I share with others the NA way.

# THE TWELVE STEPS OF NARCOTICS ANONYMOUS

- We admitted that we were powerless over our addiction, that our lives had become unmanageable.
- 2. We came to believe that a Power greater than ourselves could restore us to sanity.
- 3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
- 4. We made a searching and fearless moral inventory of ourselves
- 5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
- 6. We were entirely ready to have God remove all these defects of character.
- 7. We humbly asked Him to remove our shortcomings.
- 8. We made a list of all persons we had harmed and became willing to make amends to them all.
- 9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
- 10. We continued to take personal inventory and when we were wrong promptly admitted it.
- 11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
- 12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

AREA SERVICE COMMITTEE (ASC)
ZOOM ID: 864 1790 4168 PW:911350
GSR Orientation at 12:30

TRI-CITIES AREA OF NARCOTICS ANONYMOUS P.O. BOX 3925

> PASCO WA 99301 833-437-3480

www.3citiesna.org

# WASHINGTON / NORTHERN IDAHO REGION OF NARCOTICS ANONYMOUS

P.O. BOX 5998 KENT, WA 98064

www.wnirna.org

# NARCOTICS ANONYMOUS WORLD SERVICES. INC

P.O. BOX 99999 VAN NUYS, CA 9140 PHONE: 818-773-9999 FAX: 818-700-0700 www.na.org Many of us have said,
"Take my will and my
life. Guide me in my
recovery. Show me how
to live."

"No addict seeking recovery need ever die without having had a chance to find a better way of life."

\*WASHINGTON NORTHERN IDAHO REGION AREA HELPLINE PHONE NUMBERS

Blue Mountain 800-766-3742

Central Washington 877-664-0398

Everett 425-609-6170

Grays Harbor 360-589-8620

Greater Cascade Loop 509-826-6371

Lower Columbia 888-605-1250

North Puget Sound 877-789-0819

**Northeast Washington** 

 Spokane
 509-325-5045

 -Moscow/Pullman
 208-883-5006

 -Lewiston/Clarkston
 208-746-7632

Northern Panhandle 800-624-3577

orth Olympic Peninsula 360-477-9367

Northwest Washington 360-647-3234

Pierce County Tacoma 253-531-8792

Seattle 206-790-8888

South King County 253-872-3494

South Puget Sound 360-754-4433

Southwest Washington 360-703-0990

The Lewis County (call SPS#) 360-754-4433

Tri-Cities/Hermiston OR 833-437-3480 West Puget Sound 877-861-6156

# THE TWELVE TRADITIONS OF NARCOTICS ANONYMOUS

- 1. Our common welfare should come first; personal recovery depends on NA unity.
- 2. For our group purpose there is but one ultimate authority-a loving God as He may express himself in our group conscience. Our leaders are but trusted servants; they do not gover n.
- 3. The only requirement for membership is a desire to stop using.
  4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
- **5.** Each group has but one primary purpose-to carry the message to the addict who still suffers.
- 6. An NA group ought never, endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.
- 7. Every NA group ought to be fully self-supporting, declining outside contributions.
- $\underline{\textbf{8}}. \ \text{Narcotics Anonymous should remain nonprofessional,} \\ \text{but our service centers may employ special workers.}$
- NA, as such, ought never be organized, but we may create service boards or committee directly responsible to those they serve.
- 10. Narcotics Anonymous has no opinion on outside issues, hence the NA name ought never be drawn into public controversy.
- 11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and film.
- 12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

# CALL BEFORE YOU USE

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# larcotics Anonymous® TRI-CITIES AREA MEETING SCHEDULE

Includes Benton City and Hermiston

TRI-CITIES AREA NA

P.O. BOX 3925 PASCO, WA 99301

www.3citiesna.org

24 Hour Helpline and Meeting Info 833-437-3480 APRIL 2024

Revised 3/20/2024