SUNDAY

10ish AM SERENITY STATION O:1:WC

608 The Parkway (theater lobby) Richland, WA

5:30PM SUNDAY SURVIVORS O:WC

418 N Yelm (corner of 395 & Yelm) (First Lutheran Church) Kennewick, WA

6:00PM SUNDAY DISCOVERY 0:1

520 S. Garfield (St. Joseph's Church-Basement) Kennewick, WA

MONDAY

12:00noon MIDDAY MIRACLES

4312 W. Kennewick Avenue (Gateway Foursquare Church - basement) Kennewick, WA

7:00PM RECOVERY IN A BASKET O:LC:WC

5400 W Canal Dr. Quinault Baptist Church Kennewick, WA

7:00PM MEN'S NIGHT OUT O:BTS:WC

2425 W. Albany (Kennewick Baptist Church) Kennewick, WA

7:30-8:45PM STEPS AND TRADITIONS C:BTS:IW:WC no break

1312 N. Sacramento (NW United Protestant Church) Richland, WA

**TUESDAY** 

12:00noon Midday Miracles 4312 W. Kennewick Avenue (Gateway Foursquare Church basement)

Kennewick, WA

6:30PM Stepsisters (Womens meeting) O:LS

700 Comstock, Richland, WA Enter from west side. (Columbia 4 square church

7:00PM Back to Basics O:BTS:WC 7900 West Court Street (East door)

(Church of Christ) Pasco. WA

7:30PM **New Beginnings** 

17 South Union (West Highlands Methodist Church) Kennewick, WA

WEDNESDAY

12:00noon Midday Miracles

4312 W. Kennewick Avenue (Gateway Foursquare Church - basement) Kennewick, WA

6:00PM Serenity at Six O:LC:WC

418 N Yelm (corner of 395 & Yelm) (First Lutheran Church) Kennewick, WA

6:00PM RUSH HOUR 0:1:SP:WC:NCP 700 Comstock (corner of Comstock & Jadwin,

Richland, WA (Columbia Foursquare Church - enter from back parking lot.

7:30PM Wed. Night Newcomers C:WC

West Highlands Methodist Church 17 S Union Kennewick, WA

**THURSDAY** 

12:00noon Midday Miracles

4312 W. Kennewick Avenu e (Gateway Foursquare Church - basement) Kennewick, WA

O:BTS:WC 7:00PM **Back to Basics** 

7900 West Court Street (East door) (Church of Christ) Pasco, WA

7:00PM Bent-on Recovery O:LS:WC

906 9<sup>th</sup> Street First Methodist Church Benton City, WA (back door)

7:30PM Courage to Change O:BTS:WC

2425 W. Albany (Kennewick Baptist Church) Kennewick, WA

FRIDAY

12:00noon Midday Miracles

4312 W. Kennewick Avenue (Gateway Foursquare Church - basement) Kennewick, WA

6:30PM Stepmonsters C:NCP:SP

615 Wright Ave. (Westside Church South) Richland, WA

6:30PM We're Glad You're Here 7900 West Court Street (East door)

(Church of Christ) Pasco, WA

8:00PM Friday Night Lifeboat

5807 W Umatilla Kennewick, WA (CBC Churcch)

**SATURDAY** 

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10:00AM When It Works

2425 W. Albany (Kennewick Baptist Church) Kennewick, WA

12:00noon **Midday Miracles** 

418 N Yelm (corner of 395 & Yelm) (First Lutheran Church) Kennewick, WA

7:30PM Free Spirit Candellight O:CM:WC

1312 N. Sacramento (enter in rear off Wright St.) (NW United Protestant Church) Richland, WA

7:30PM Saturday Night Live O:WC

421 W. Kennewick Avenue (First United Methodist) Kennewick, WA

HERMISTON, OR MEETINGS

BTS

MON WENS

We Do Recovery

2<sup>nd</sup> and Gladys (First United Methodist Church) M/Tu Fri/Sat 7:30-8:30PM Thu 7:30-9:00 PM C Sun 7:30-9:00 PM

**LEGEND** 

O Open Meeting- Anyone may attend, sharing

is limited to addicts only.

O C Closed Meeting- Attendance limited to addicts

or those who may have a drug problem.

**BTS** Basic Text Book Study

Just For Today Meditation Book Study

**SS** Stepworking Guide Book Study

IW It Works How & Why Book Study

**LC** Living Clean Book Study

**LS** NA Literature Study

**SP** Speaker Participation Meeting

**NCP** No Children Preferred

**CM** Candlelight Meeting

Meeting is one hour long

**WC** Wheelchair accessible location

Meetings are 90 minutes long unless indicated All meetings are non-smoking

My gratitude speaks when I care and

when I share with others the NA Way. 

GOD, grant me the SERENITY to accept the things I cannot change, the **COURAGE** to change the things I can, and the **WISDOM** to know the difference.

**JUST FOR TODAY** 

Tell yourself:

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IUST FOR TODAY my thoughts will be on my recovery, living and enjoying life without the use of drugs.

IUST FOR TODAY I will have faith in someone in NA who believes in me and wants to help me in my recovery.

JUST FOR TODAY I will have a program. I will try to follow it to the best of my ability.

JUST FOR TODAY, through NA, I will try to get a better perspective on my life.

**IUST FOR TODAY** I will be unafraid, my thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.

Reprinted from the Little White Book, Narcotics Anonymous

©1986 by Narcotics Anonymous World Services. Inc. PO Box 9999, Van Nuys, CA 91409 ISBN 0-912075-65-1 01/2000

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# THE TWELVE STEPS OF NARCOTICS ANONYMOUS

- 1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
- 2. We came to believe that a Power greater than ourselves could restore us to sanity.
- 3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
- 4. We made a searching and fearless moral inventory of ourselves.
- 5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
- 6. We were entirely ready to have God remove all these defects of character.
- 7. We humbly asked Him to remove our shortcomings.
- 8. We made a list of all persons we had harmed and became willing to make amends to them all.
- We made direct amends to such people wherever possible, except when to do so would injure them or others.
- 10. We continued to take personal inventory and when we were wrong promptly admitted it.
- 11. We sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.
- 12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

## THE TWELVE TRADITIONS OF NARCOTICS ANONYMOUS

- 1. Our common welfare should come first; personal recovery depends on NA unity.
- 2. For our group purpose there is but one ultimate authority- a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
- 3. The only requirement for membership is a desire to stop using.
- 4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
- 5. Each group has but one primary purpose—to carry the message to the addict who still suffers.
- 6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.
- 7. Every NA group ought to be fully self-supporting, declining outside contributions.
- 8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
- NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve
- 10. Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
- 11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
- 12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

### THE TWELVE CONCEPTS FOR SERVICE IN NA

- 1. To fulfill our fellowship's primary purpose, the NA groups have joined together to create a structure which develops, coordinates, and maintains services on behalf of NA as a whole.

  2. The final responsibility and authority for NA services rests with the NA groups.
- The NA groups delegate to the service structure the authority necessary to fulfill the responsibilities assigned to it.
   Effective leadership is highly valued in Narcotics
- Anonymous. Leadership qualities should be carefully considered when selecting trusted servants.
- For each responsibility assigned to the service structure, a single point of decision and accountability should be clearly defined.
- 6. Group conscience is the spiritual means by which we invite a loving God to influence our decisions.
- 7. All members of a service body bear substantial responsibility for that body's decisions and should be allowed to fully participate in its decision-making processes.
- 8. Our service structure depends on the integrity and effectiveness of our communications.
- 9. All elements of our service structure have the responsibility to carefully consider all viewpoints in their decision-making processes.
- 10. Any member of a service body can petition that body for the redress of a personal grievance, without fear of reprisal.

  11. NA funds are to be used to further our primary purpose, and must be managed responsibly.
  - In keeping with the spiritual nature of Narcotics Anonymous, our structure should always be one of service, never of government.

### AREA HELPLINE PHONE NUMBERS

ANEA HEEL EINE I HOM	HOPIDENS
Blue Mountain	800-766-3742
Central Washington	877-664-0398
Everett	425-609-6170
Grays Harbor	360-589-8620
Greater Cascade Loop	509-826-6371
Lower Columbia	888-605-1250
North Puget Sound	877-789-0819
Northeast Washington Spoka	ne <b>509-325-5045</b>
-Moscow/Pullman	208-883-5006
-Lewiston/Clarkston	208-746-7632
Northern Panhandle	800-624-3577
North Olympic Peninsula	360-477-9367
North Olympic Peninsula Northwest Washington	360-477-9367 360-647-3234
Northwest Washington	360-647-3234
Northwest Washington Pierce County Tacoma	360-647-3234 253-531-8792
Northwest Washington Pierce County Tacoma Seattle South King County	360-647-3234 253-531-8792 206-790-8888
Northwest Washington Pierce County Tacoma Seattle South King County South Puget Sound	360-647-3234 253-531-8792 206-790-8888 253-872-3494
Northwest Washington Pierce County Tacoma Seattle South King County South Puget Sound Southwest Washington	360-647-3234 253-531-8792 206-790-8888 253-872-3494 360-754-4433 360-703-0990
Northwest Washington Pierce County Tacoma Seattle South King County South Puget Sound Southwest Washington The Lewis County (call SPS	360-647-3234 253-531-8792 206-790-8888 253-872-3494 360-754-4433 360-703-0990
Northwest Washington Pierce County Tacoma Seattle South King County South Puget Sound Southwest Washington The Lewis County (call SPS: Tri-Cities/Hermiston OR	360-647-3234 253-531-8792 206-790-8888 253-872-3494 360-754-4433 360-703-0990 #) 360-754-4433 800-726-8314
Northwest Washington Pierce County Tacoma Seattle South King County South Puget Sound Southwest Washington The Lewis County (call SPS	360-647-3234 253-531-8792 206-790-8888 253-872-3494 360-754-4433 360-703-0990 #) 360-754-4433

### **AREA SERVICE COMMITTEE (ASC)**

1:00 PM, First Sunday of the Month Date and location subject to change-see website or call New GSR Orientation begins at 12:30PM

# AREA SUBCOMMITTEES PUBLIC RELATIONS

11:00AM prior to ASC 10:30AM Orientation

### LITERATURE

NOON prior to ASC Literature is available tor purchase at this time

### **ACTIVITIES**

Saturdays at 6PM 421 W. Kennewick Ave (1<sup>st</sup> United Methodist) Kennewick, WA

### **SUMMER SIZZLERS**

1<sup>st</sup> and 3<sup>rd</sup> Saturday of the month at 2PM 418 N. Yelm (1<sup>st</sup> Lutheran Church) Kennewick, WA

# TRI-CITIES AREA OF NARCOTICS ANONYMOUS

P.O. BOX 3925 PASCO WA 99301 800-726-8314 www.3citiesna.org

### WASHINGTON / NORTHERN IDAHO REGION OF NARCOTICS ANONYMOUS

P.O. BOX 5998 KENT, WA 98064 www.wnirna.org

# NARCOTICS ANONYMOUS WORLD SERVICES, INC

P.O. BOX 9999 VAN NUYS, CA 91409 PHONE: 818-773-9999 FAX: 818-700-0700 WWW.na.org

# CALL BEFORE YOU USE!!

# 24-HOUR Helpline and Meeting Info 800-726-8314

No addict seeking recovery need ever die without having had a chance to find a better way of life. WASHINGTON NORTHERN IDAHO REGION



# Anonymous<sub>®</sub> TRI-CITIES AREA MEETING

SCHEDULE includes Benton City and Hermiston

### TRI-CITIES AREA NA

P.O. BOX 3925 PASCO, WA 99301

www.3citiesna.org

24 Hour Helpline and Meeting Info 800-726-8314

July 2017

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