

SUNDAY

10:15 AM SERENITY STATION O:J:WC
608 The Parkway (theater lobby)
Richland, WA

5:30PM SUNDAY SURVIVORS O:WC
418 N Yelm (corner of 395 & Yelm)
(First Lutheran Church)
Kennewick, WA

6:00PM SUNDAY DISCOVERY O:1
520 S. Garfield (St. Joseph's Church-Basement)
Kennewick, WA

MONDAY

12:00noon MIDDAY MIRACLES O
4312 W. Kennewick Avenue
(Gateway Foursquare Church - basement)
Kennewick, WA

7:00PM RECOVERY IN A BASKET O:LC:WC
5400 W Canal Dr.
Quinault Baptist Church
Kennewick, WA

7:00PM MEN'S NIGHT OUT O:BTS:WC
2425 W. Albany (Upstairs, 2nd Floor)
(Kennewick Baptist Church)
Kennewick, WA

7:30PM – 8:45PM Steps and Traditions
C:BTS:1W:WC no break
1312 N. Sacramento
(NW United Protestant Church)
Richland, WA

TUESDAY

12:00noon Midday Miracles O
4312 W. Kennewick Avenue
(Gateway Foursquare Church - basement)
Kennewick, WA

6:30PM Stepsisters (Women's Meeting) O:LS
1312 N. Sacramento (enter in rear off Wright St.)
(NW United Protestant Church)
Richland, WA

7:00PM Back to Basics O:BTS:WC
7900 West Court Street (East door)
(Church of Christ)
Pasco, WA

7:30PM New Beginnings C
17 South Union
(West Highlands Methodist Church)
Kennewick, WA

WEDNESDAY

12:00noon Midday Miracles O
4312 W. Kennewick Avenue
(Gateway Foursquare Church - basement)
Kennewick, WA

6:00PM Serenity at Six O:LC:WC
418 N Yelm (corner of 395 & Yelm)
(First Lutheran Church)
Kennewick, WA

6:00PM RUSH HOUR O:1:SP:WC
1312 N. Sacramento (enter in rear off Wright St.)
(NW United Protestant Church)
Richland, WA

7:30PM Wed. Night Newcomers C:WC
17 South Union
(West Highlands Methodist Church)
Kennewick, WA

THURSDAY

12:00noon Midday Miracles O
4312 W. Kennewick Avenue
(Gateway Foursquare Church - basement)
Kennewick, WA

7:00PM Back to Basics O:BTS:WC
7900 West Court Street (East door)
(Church of Christ)
Pasco, WA

7:00PM Bent-on Recovery O:LS:WC
906 9th Street
First Methodist Church
Benton City, WA

7:30PM Courage to Change O:BTS:WC
2425 W. Albany
(Kennewick Baptist Church)
Kennewick, WA

FRIDAY

12:00noon Midday Miracles O
4312 W. Kennewick Avenue
(Gateway Foursquare Church - basement)
Kennewick, WA

FRIDAY

6:30PM Stepmonsters C:NCP:SWG
615 Wright Avenue
(Westside Church South)
Richland, WA

6:30PM We're Glad You're Here O
7900 West Court Street (East door)
(Church of Christ)
Pasco, WA

8:00PM Friday Night Lifeboat O
5807 W. Umatilla
(Community Bible Church)
Kennewick, WA

SATURDAY

10:00AM When It Works O
2425 W. Albany
(Kennewick Baptist Church)
Kennewick, WA

12:00noon Midday Miracles O
418 N Yelm (corner of 395 & Yelm)
(First Lutheran Church)
Kennewick, WA

7:30PM Free Spirit (candlelight meeting) O:WC
1312 N. Sacramento (enter in rear off Wright St.)
(NW United Protestant Church)
Richland, WA

7:30PM Saturday Night Live O:WC
421 W. Kennewick Avenue
(First United Methodist)
Kennewick, WA

HERMISTON, OR MEETINGS

MON TUES THURS FRI SAT SUN

7:30PM We Do Recovery
2nd and Gladys
(First United Methodist Church)
*Monday and Tuesday are 1:0:LS
Thursday is C:LS
Friday and Saturday are 1:0:LS
Sunday is O:BTS*

LEGEND

- O Open Meeting- Anyone may attend, sharing is limited to addicts only.
- C Closed Meeting- Attendance limited to addicts or those who may have a drug problem.
- BTS Basic Text Book Study
- J Just For Today Meditation Book Study
- SS Stepworking Guide Book Study
- IW It Works How & Why Book Study
- LC Living Clean Book Study
- LS NA Literature Study
- SP Speaker Participation Meeting
- NCP No Children Preferred
- 1 Meeting is one hour long
- WC Wheelchair accessible location

Meetings are 90 minutes long unless indicated

All meetings are non-smoking



**My gratitude speaks when I care and
when I share with others the NA Way.**



*GOD, grant me the SERENITY to accept the things I
cannot change, the COURAGE to change the things I
can, and the WISDOM to know the difference.*

JUST FOR TODAY

Tell yourself:

JUST FOR TODAY my thoughts will be on my recovery, living and enjoying life without the use of drugs.

JUST FOR TODAY I will have faith in someone in A who believes in me and wants to help me in my recovery.

JUST FOR TODAY I will have a program. I will try to follow it to the best of my ability.

JUST FOR TODAY, through NA, I will try to get a better perspective on my life.

JUST FOR TODAY I will be unafraid, my thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.

Reprinted from the Little White Book, Narcotics Anonymous
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THE TWELVE STEPS OF NARCOTICS ANONYMOUS

- 1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

THE TWELVE TRADITIONS OF NARCOTICS ANONYMOUS

- 1. Our common welfare should come first; personal recovery depends on NA unity.
2. For our group purpose there is but one ultimate authority- a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
5. Each group has but one primary purpose—to carry the message to the addict who still suffers.
6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.
7. Every NA group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

THE TWELVE CONCEPTS FOR SERVICE IN NA

- 1. To fulfill our fellowship's primary purpose, the NA groups have joined together to create a structure which develops, coordinates, and maintains services on behalf of NA as a whole.
2. The final responsibility and authority for NA services rests with the NA groups.
3. The NA groups delegate to the service structure the authority necessary to fulfill the responsibilities assigned to it.
4. Effective leadership is highly valued in Narcotics Anonymous. Leadership qualities should be carefully considered when selecting trusted servants.
5. For each responsibility assigned to the service structure, a single point of decision and accountability should be clearly defined.
6. Group conscience is the spiritual means by which we invite a loving God to influence our decisions.
7. All members of a service body bear substantial responsibility for that body's decisions and should be allowed to fully participate in its decision-making processes.
8. Our service structure depends on the integrity and effectiveness of our communications.
9. All elements of our service structure have the responsibility to carefully consider all viewpoints in their decision-making processes.
10. Any member of a service body can petition that body for the redress of a personal grievance, without fear of reprisal.
11. NA funds are to be used to further our primary purpose, and must be managed responsibly.
12. In keeping with the spiritual nature of Narcotics Anonymous, our structure should always be one of service, never of government.

WASHINGTON NORTHERN IDAHO REGION AREA HELPLINE PHONE NUMBERS

Table with 2 columns: Area Name and Phone Number. Includes entries for Blue Mountain, Central Washington, Everett, Grays Harbor, Greater Cascade Loop, Lower Columbia, North Puget Sound, Northeast Washington Spokane, Northern Panhandle, North Olympic Peninsula, Northwest Washington, Pierce County Tacoma, Seattle, South King County, South Puget Sound, Southwest Washington, The Lewis County, Tri-Cities/Hermiston OR, and West Puget Sound.

AREA SERVICE COMMITTEE (ASC)

1:00 PM, First Sunday of the Month
Date and location subject to change-see website or call

New GSR Orientation begins at 12:30PM

AREA SUBCOMMITTEES

PUBLIC RELATIONS

11:00AM prior to ASC
10:30AM Orientation

LITERATURE

NOON prior to ASC
Literature is available for purchase at this time

ACTIVITIES

Saturdays at 6PM
421 W. Kennewick Ave (1st United Methodist)
Kennewick, WA

SUMMER SIZZLERS

1st and 3rd Saturday of the month at 2PM
418 N. Yelm (1st Lutheran Church)
Kennewick, WA

TRI-CITIES AREA OF NARCOTICS ANONYMOUS

P.O. BOX 3925
PASCO WA 99301
833-437-3480

www.3citiesna.org

WASHINGTON / NORTHERN IDAHO REGION OF NARCOTICS ANONYMOUS

P.O. BOX 5998
KENT, WA 98064

www.wnirna.org

NARCOTICS ANONYMOUS WORLD SERVICES, INC

P.O. BOX 9999
VAN NUYS, CA 91409
PHONE: 818-773-9999
FAX: 818-700-0700

www.na.org

CALL BEFORE YOU USE!!

Series of horizontal lines for contact information.

24-HOUR Helpline and Meeting Info
833-437-3480

No addict seeking recovery need ever die without having had a chance to find a better way of life.



Narcotics Anonymous TRI-CITIES AREA MEETING SCHEDULE
includes Benton City and Hermiston

TRI-CITIES AREA NA
P.O. BOX 3925
PASCO, WA 99301
www.3citiesna.org

24 Hour Helpline and Meeting Info
833-437-3480

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